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INTERNAL/EXTERNAL AFTERCARE

OBTAIN A BOTTLE OF H2OCEAN SEA SALT AFTERCARE SPRAY

NOTICE: THIS SPRAY MAY BE USED FOR ORAL AND BODY PIERCINGS!

FOR TONGUE PIERCINGS:(healing time approx. 2 weeks)

1. Spray H2Ocean Sea Salt Spray directly onto pierced area.
2. Allow spray to absorb into the tongue.
3. Use spray 3-6 times a day.
4. Brush and gargle every time after you eat or drink anything.
5. Keep the balls tight so you do not accidentally swallow them. Do so by grasping the Barbell by each end. Then, turn the balls toward each other. You may remove the Barbell by reversing this action.
6. Because of the healing qualities of the mouth, removing the jewelry for extended periods of time may cause the hole to close, even after the piercing is healed. You may change the jewelry after the piercing is healed completely!
7. WE RECOMMEND THAT YOU DO NOT SMOKE DURING THE HEALING PROCESS OR AFTER WARD. SMOKING WITH A FRESH PIERCING CAN CAUSE INFECTION. THESE INSTRUCTIONS MUST BE FOLLOWED THROUGHOUT THE HEALING PROCESS!

FOR BODY PIERCINGS

1. Spray H2Ocean Sea Salt Spray directly onto pierced area.
2. Allow spray to absorb into piercing
3. **DO NOT TOUCH THE BODY PIERCING WHILE IT IS HEALING!**
Also, DO NOT let anyone else touch, lick, or kiss the body piercing. **DO NOT Let the piercing come in contact with another persons bodily fluids.**
4. **DO NOT CHANGE THE JEWELRY!** Some body piercing may take months to Years to completely heal.
5. **THINGS TO AVOID:** Hot tubs and public pools, alcohol, drugs, caffeine and aspirin, tanning beds and direct sunlight, and tight fitting clothes. Also avoid using peroxide, alcohol, or hand soap because they may damage healthy cells and cause scar tissue.
6. While using H2Ocean Sea Salt Spray avoid using any other product during the healing process.

HEALING TIMES

(HEALING TIMES ARE APPROXIMATE AND MAY VARY)

ABOVE THE NECK

SEPTUM...2-3 MONTHS
TRACHUS...2-3 MONTHS
EAR LOBES...1-2 MONTHS
EAR CARTLIAGE...3-4 MONTHS
EYEBROW...1-2 MONTHS
LABRET...1-2 MONTHS

TONGUE: 2 WEEKS

BELOW THE NECK

NAVAL.....6-9 MONTHS
NIPPLES...8-10 WEEKS
OTHER.....1-3 MONTHS

THANK YOU

QUESTIONS? PLEASE CALL US (856) 719- 8484